

*In the quiet moments, I start to see,
The beauty in simply being me.
Through every step, the highs and lows,
Gratitude within me grows and grows*



TODAY I AM GRATEFUL FOR...

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Today's Affirmations

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5 People am I grateful for...

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Who had a great impact on your childhood...

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When was the last time you had happy tears...

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I am passionate about...

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Who's a friend you can always count on...

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*The world
IS A
better place
WITH
you in it*
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TODAY I AM GRATEFUL FOR...

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Today's Affirmations

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What I love about myself...

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What are you most confident about...

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What was something you were unsure of that turned out well...

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What was a new opportunity that unexpectedly came your way...

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Who are you looking forward to seeing today...

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What's something good that came out of a challenging situation...

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What blessings have you experienced recently...

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**Positivity, opens the door for
positive experiences!**